



The National Allotment Society

Book your Webinars for NAW

NAW Webinars



Dr Sarah Owen-Hughes



Dear Nas member

Join us for a special series of *exclusive webinars* celebrating the powerful link between allotments and wellbeing. Throughout the week, we're exploring how growing spaces support not just your health—but your peace of mind.

Highlights include:

- 🌿 **Take 5 to Prevent Fraud** – A practical session on protecting your mental wellbeing from online scams.
- 🌿 **Chris Knott Insurance** – Discover how the right cover can bring peace of mind to your plot.
- 🌿 **Special Guest: Sarah Owen-Hughes** – Our ambassador shares the fascinating science behind gardening and its impact on wellbeing.

📺 **Spaces are limited!** Visit the link below to learn more and secure your spot.

📦 Don't forget to order your *FREE* pack from Take Five—available now via the booking link!

[Book Now](#)

We Need You



Be the Voice of
Integrity at
NAS

Join the Guardians of Good Governance!

Are you ready to play a key role in keeping the National Allotment Society (NAS) fair, transparent, and accountable?

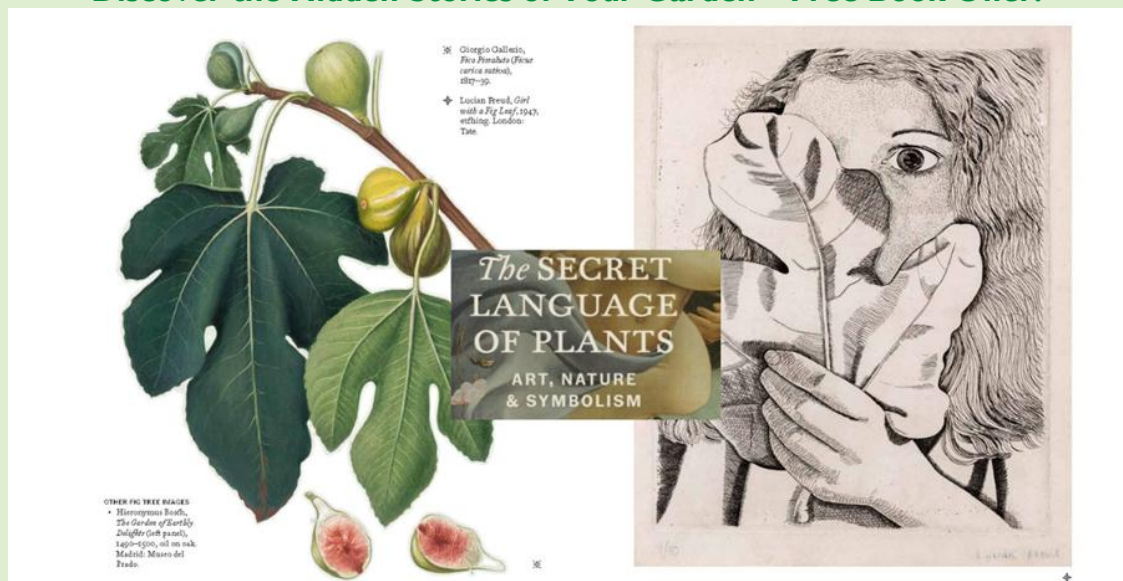
We're on the lookout for passionate volunteers to join our Compliance Committee—a vital team that helps ensure everything we do is legally sound and rooted in the Nolan Principles of integrity, honesty, and openness.

You'll have the chance to make your voice heard by reviewing agendas and procedures for our Annual General Meeting, and by working alongside the Management Committee to ensure our Standards and Procedures are being followed correctly.

This is your opportunity to help shape the future of the NAS while standing up for values that matter. If you're detail-driven, principled, and eager to make a meaningful impact, we want to hear from you!

[Volunteer Here](#)

Discover the Hidden Stories of Your Garden – Free Book Offer!



We're excited to share a truly special new release that speaks straight to the hearts of growers and nature lovers alike. *The Secret Language of Plants* by Hope Verness is a beautifully illustrated hardback that explores the deep cultural and symbolic meanings behind over 50 familiar plants—trees, flowers, fruits and more.

From the ancient reverence for acacia and lotus to the hidden messages of Victorian flower gardens and the artistic visions of Van Gogh and Georgia O'Keeffe, this book reveals how plants have inspired myths, medicine, faith, and beauty throughout history. It's the perfect companion for allotmenters who see more than just produce in their plots—who recognise the stories, symbolism and soul in every leaf and bloom.

📖 **Special Offer:** We're thrilled to offer a **free copy to the first five respondents**—don't miss your chance to own this stunning celebration of the natural world and its timeless symbolism.

📅 Available 28 August | 💷 £25 | Hardback | 400 illustrations

[Yes I would like a free book](#)

Your August Gardening Checklist



August is here—your allotment is flourishing in full summer glory!

This is the height of the growing season, a perfect time to harvest delicious crops, sow autumn veggies, and stay ahead of any late-season pests. The sun is strong, and your efforts are truly paying off.

Keep reading for your essential August to-do list and expert tips to help your plot stay productive and healthy as summer begins to wind down.

[Read More](#)

In Case You Missed Our July Blogs

If you missed any of our July blogs, you can catch up now! We've gathered some of the highlights for you. To explore all of them, head over to our News section. Happy reading!

The guide to Broad Beans



[Read More](#)

Are there laws for allotments?



[Read More](#)

Homegrown Summer Feast



[Read More](#)

Keep Calm and continue Allotmenting

We know recent news about allotment sites might be worrying, but we want to put your mind at ease. No laws protecting statutory allotment land have changed. Statutory allotment land can't be sold without following strict legal steps—and we're always involved to make sure that happens.

Where land has been sold, proper processes were followed, and often new allotment spaces were provided to replace them. Of course, we would love to see all allotments protected as statutory sites and will work towards this.

We're continuing to work closely with local councils and communities to support and strengthen the future of allotments for everyone to enjoy.

Follow us on :



[Forward to a friend](#)



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